



## **Some people don't need friends to drink with.**

*Get home, pop open a beer, and drop on the couch for a bit. The very best thing you can do if you like to drink alone, is to just drink at home and not go out at all.*

*But if you are going to go out drinking on your own, be it to a friend's apartment or your favorite nightclub, we want you to get back home safely. Therefore, we strongly suggest you start by reading the following lessons ...*

### **DUI – A Costly Mistake Get a Ride Get a Room**

*Then, following the rules in this brochure will help keep you out of trouble.*



*Our mission is to promote DUI prevention through education and to provide easy access to DUI-related services.*

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# **Party of One**



## **SMART CHOICES**

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## Party of One



### Before Partying

- Know **where** and **why** you are going out to party. What's the setting? After you drink, will there be an opportunity to **wait for alcohol to wear off** before driving home? Can you spend the night where you are going? Should you **be extra cautious** about how much you drink?
- Be Prepared with enough spending power for a taxi, or even a cheap hotel.

- Is Public Transportation an option?
- Make sure designated drivers are parked where they are not blocked by other cars
- Find out if a hotel is within walking distance of where you will be.

### While Partying

- Know how much you are drinking and how it affects you.
- Get a second opinion. You are **NOT** a good judge of how drunk you are!
- If you've visited our website, read our lessons and made a plan, stick to it.
- Know your available options.
- Know when to stop drinking. If you must drive, leave enough time for the alcohol to wear off. Realize this can take on average, 45 minutes per drink.

### After Partying

- Wait as long as possible before driving.
- Do not wait in your car. It is possible to be arrested for DUI even if you are sleeping it off in the back seat.
- If you need more time before driving, but you need to leave where you are, remember to think of your alternatives.
- Remember your contact in your phone for the taxi.
- If necessary, get a room. Hopefully you checked out what was available before partying.
- Thank your taxi driver, hotel clerk, or anyone who helps you get through the night safely.

Contact us for more information

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