



## How to Beat a DUI

*There are a lot of stories out there about how to beat a DUI. We'll be blunt. Almost all of them are wrong.*

*Some ideas involve trying to circumvent the law by not cooperating with law enforcement. This is the exact opposite of what you should always be doing anyway.*

*Other ideas involve doing WEIRD things to lower your BAC.*

*Always remember, when you've been drinking, there is only ONE WAY to beat a breathalyzer test. That is to WAIT WAIT WAIT until the alcohol wears off before driving!*

*Anything else that anyone tells you is just Voodoo!*



*Our mission is to promote DUI prevention through education and to provide easy access to DUI-related services.*

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# Avoid the Voodoo!



## SMART CHOICES

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## says Avoid the Voodoo!

### Urban Myths & Legends

- We have all seen movies where someone is thrown into a shower to sober up. It's usually followed by a hot cup of coffee. Well, only in the movies!
- Cold showers, coffee or getting some fresh air have absolutely **no effect** on getting sober. How about eating a large meal before drinking to "soak up" the extra alcohol? NOT! Maybe you will gain a few pounds but otherwise this only DELAYS the alcohol being absorbed.
- How about the Secret Ways for beating a DUI? People talk about them in bars and rumors fly. They are all very interesting, sometimes even whacky, but none of them work.
- Here are some of the tricks people have tried to beat a Breathalyzer test. Avoid them!

### Suck on a Penny or Nickel

- Didn't your mother ever tell you not to put money in your mouth? Where has it been? Would you pick up a penny from the sidewalk and put it in your mouth? And besides, wouldn't the police notice??? Oh yeah, does it work? No!



### Mouthwash or Breath Spray

- You can clean your mouth, but your breath comes from your lungs. And minty smells are nice, but they don't fool the police or their equipment. Maybe you are thinking that if you use mouthwash that contains alcohol, you can claim a faulty BAC reading to avoid DUI charges. That will just prove expensive and pointless!



### Eat an Onion or Garlic

- Forget the onion. You will just be stinky and red-eyed. Garlic will keep vampires away, but not the cops. While there is some evidence that eating a bunch of fresh garlic sometimes yields lower results in a breathalyzer test, cops know this and will



smell the garlic. Unlike vampires, cops do not fear garlic.

### Eat (Yes Eat) Chewing Tobacco



- It's gross, probably carcinogenic, and will not affect the alcohol in your bloodstream or your breath.

### Eat Curry Powder

- It does nothing. You may as well eat an onion. In fact, put some curry on an onion and offer some to that cop tapping on your window.



### Eat Underwear

- If you are actually considering this one, you have a far greater problem than alcoholism.



**REMEMBER: Only Time Can Lower BAC**

Contact us for more information

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